



Launceston School for Seniors Inc.

Course Booklet Term 3, 2023

Registration Days:

Friday September 15th online from 11.00 onwards

Tuesday September 19th 9.30 – 12.00 school help
(for those with limited computer skills)



Term Start: Monday 25th September 2023

Finish: Monday 4th December 2023

Parking - We are fortunate to have some off-street parking available on our premises at High Street. Nevertheless, these spaces can be filled quite quickly. **There are also some free parking spaces on High Street, York Street all around City Park (Brisbane, Cimitiere, Lawrence St.) with a 3 hour limit.** Please refer to diagram below.



Please drive carefully and park only in designated parking bays. Take care when entering and leaving the High Street premises, particularly at those times when some classes have finished, and the next classes are about to begin. **Pedestrians - for your own safety, please use the pedestrian gate.**





Introduction

The aim of the Launceston School for Seniors Inc. is to provide and conduct programs which are educationally, vocationally, or socially beneficial for members.

Purpose

To promote a shared understanding of the Community Commitment between all members, including tutors and committee, in their interactions with each other during all Launceston School for Seniors Inc. activities.

Policy

All members can participate in opportunities offered by the Launceston School for Seniors Inc. that are within their physical ability, knowledge, or experience (where applicable) and class place availability.

All members can expect and should ensure, that the school has an environment that is safe, respectful, and free from harassment, discrimination and bullying.

All members should foster and maintain positive relationships and act with honesty and integrity towards the school and community.

All members can expect, and should ensure, that other members' personal information is maintained in accordance with Launceston School for Seniors Inc. Privacy Policy.

All members should wear their current ID badge supplied by the school at all times when attending any Launceston School for Seniors activity.

All members should maintain the good reputation of Launceston School for Seniors, contribute to its ability to serve the community's interests and refrain from using membership to promote personal interests or financial gain.

All members can expect, and should ensure, that car park rules are followed and any damage to vehicles, school property or members' possessions are reported to the school office or class tutors.

All members should keep up to date with Launceston School for Seniors policies and notices by reading information posted in the organisation's newsletter, website or notice board.

REGISTRATION

Registration Day will have 2 parts.

Online registration will take place on **Friday 15th September**. The registration system will be opened at 11.00am onwards for online registrations. If you are marked as wait listed it does not necessarily mean you are not in the class, once both registration days are finished your tutor will let you know if you have got in or not. Online registrations can be paid at the same time via PayPal - credit card or in the office 20th – 22nd September 9.00am till 12.30pm. Members cannot participate in classes until they are financial. Anyone not financial by classes starting will be replaced in the class by the next wait listed member.

On **Tuesday 19th September**, between 9.30am and 12.00pm, we will conduct a school help day at 8 High Street for members who have no computer or limited computer skills. We trust that members who can register online will take that option as we will need to keep the traffic flow of members to a minimum on the registration day. We will accept cash, cheque, or EFTPOS.

A reminder to current members prior to registration day. The Course Booklet will be available on the school website, and your guide to online registration is on page 4 and on the website.

If you enrol for a course and after 1 lesson decide it is not what you expected, please let the tutor know so that the next wait listed member can take your spot in the class.

Online Log-in Procedure

You will not be able to select courses until 11.00am on Friday 9th June. If you complete the procedure prior to choosing courses, you can be sure that you can have access on registration day.

In your browser, enter www.lss.org.au

(Can also be done on tablet or phone)

Membership

Members Log in

Log in (existing and renewing members)

Member number is on your name badge

Password

Submit



Read details carefully, make necessary changes, then click on Save at bottom of page.

Click on **Courses** inside bar

(Phones need to click on 3 bar icon to see side bar).

Click on your preferred **Course**

Details of the course will drop down

Click **Add to Cart** at bottom of dropdown to enrol

Repeat for other courses if any

Click on **cart** in task bar

Check cart and if correct click **checkout**

View Invoice.

Click PayPal if paying by PayPal or Credit Card.

Click **Enrolments** in task bar to see all your enrolments.

\$50 per term covers as many courses as you like.

Monday

Venue	Start	Finish	Course
8 High Street	9.30		Walking for Health
	9.30	12.00	Painting or Drawing
	9.30	11.00	Appreciating Classical Music
	9.00	11.00	Better Digital Photography
	9.30	12.00	Photography: Digital SLR
	9.00	10.15	Computers–PC Tablets & phone
	10.45	12.00	Computers–PC Tablets & phone
	11.30	12.30	Mathematics of Finance
	11.30	12.30	Ancient Roman History
	12.30	2.30	Painting with Acrylics
	1.00	3.00	Photoshop Elements
	1.00	3.00	Intro. to Photoshop Elements
NTCC	10.00	11.30	Croquet
NTCC	1.00	2.30	Social Croquet

Course 73 – Walking for Health

For the 1st week a Tutor will meet participants at 9.30am @ 8 High Street carpark. Meeting points for the following weeks will be discussed at the end of each walk.

For those who like to walk in company, our short, tutor-led walks around the Launceston area are of **50-90 minutes' duration** at moderate pace. The walks are graded according to amount of climb and terrain covered so that participants can choose which walks to join.

Prompt departure.

Klaus Decker | Warren Groves
Norma Purton

Course 50 – Painting or Drawing – Limit 12

9.30am – 12.00pm | 8 High Street | Art Room

Join a friendly group of people interested in painting or drawing, in watercolour, pastel, acrylic, pencils or oils (water based only). There is no tutor, but many class members are happy to offer support, ideas, encouragement, and guidance.

Joan Morley

Monday

Course 30 – Appreciating Classical Music

9.30am – 11.00am | 8 High Street | Room 1

Presenting and listening to Classical Music.

Rob Mitchelson | Michael Manhire

Course 29 – Better Digital Photography

9.00am – 11.00am | 8 High Street | Room 2

Over three terms, this class will help you get the best from your Digital Camera. Starting at the beginning and progressing through the three terms, we will build up your knowledge and confidence.

Peter Ralph | John Elliott

Course 51 – Photography: Getting More out of Your Digital SLR

9.30am – 12.00pm | 8 High Street | Room 4

Continuing with our journey into ISO, apertures, shutter speeds, depth of field, composition, editing and much more. There will be outings so you can put your new skills to the test. **Participants must own an SLR or similar camera on which lenses can be changed. Before joining this class, you must have done at least 1 term with class 29 (Better Digital Photography).**

John Elliott | Terence Bracken OAM

Monday

Course 25 – Computers – PCs Tablets & Phones

9.00am – 10.15am | 8 High Street | Room 3 **Limit 6**

Classes will cover all aspects of computing, (Windows, and Apple).
Downloading photos from phones and tablets. Internet browsing and email.

This class will help you understand the use of iPads, tablets (all types) and smart phones. If our tutors don't know all the answers, we will find out. **(Beginners welcome)**

Trevor Curtis-Flynn | Andrew Smith

Course 18 – Computers – PCs Tablets & Phones

10.45am – 12.00pm | 8 High Street | Room 3 **Limit 6**

Classes will cover all aspects of computing, (Windows and Apple).
Downloading photos from phones and tablets. Internet browsing and email.

This class will help you understand the use of iPads, tablets (all types) and smart phones. If our tutors don't know all the answers, we will find out. **(Beginners welcome)**

Trevor Curtis-Flynn | Andrew Smith

Course 49 – Mathematics of Finance

11.30am – 12.30pm | 8 High Street | Room 1

This short course emphasises a property of money – that it has a time value, \$100 is worth more today than \$100 in a year's time. The notions of present value and future value of a single sum are introduced, followed by a study of annuities.

Evaluation of alternative financial deals, e.g., hire purchase compared to cash payments, effective interest rates.

The only mathematical prerequisite is familiarity with elementary algebra, but the course will begin with a brief review of some necessary algebra topics. Participants should have a basic scientific calculator, essentially one which has a 'raise to the power' function and available for around \$30.

A minimum of about 6 participants beginning the course is desired.

Brian East

Monday

Course 83 – Ancient Roman History

11.30 – 12.30 | 8 High Street | Room 2

From the foundation of Rome, the Punic Wars, republic, imperial Rome to Byzantium. Mainly lectures but with hands on displays of coinage and other antiquities and audiovisual aids.

Barry Snigg

Course 5 – Painting with Acrylics – Limit 12

12.30pm – 2.30pm | 8 High Street | Art Room

This course is for learners and the more experienced painters using acrylic paint.

We usually all paint the same subject on a small canvas, the coordinator will provide a photo and inspiration for you as needed. The coordinators are experienced painters and are very happy and willing to offer support, suggestions, and guidance for those who need it. We offer a fun relaxed, informal experience, while learning and improving our skills with acrylic paint.

Kate Frankcombe | Christine Walker

Course 56 – Photoshop Elements

1.00pm – 3.00pm | 8 High Street | Room 2

Leaner but cheaper than Photoshop CS5, but still a powerful photo editing program. Learn to work on your images in the RAW converter and then go into Photoshop to make them even better. Participants must bring a laptop computer with Photoshop Elements to every class.

Terence Bracken OAM | John Elliott

Monday

Course 53 – Introduction to Photoshop Elements

1.00pm – 3.00pm | 8 High Street | Room 4

Participants who have not used Photoshop Elements before will learn to organise their photos and improve them with some simple but powerful techniques. When they are ready, they can move on to more advanced techniques in class 56.

Participants must bring their own laptop with a recent version of Photoshop Elements.

John Elliott | Terence Bracken OAM

Course 34 – Croquet

10.00am – 11.30am | Northern Tasmanian Croquet Centre
St Leonards Sports Centre, St Leonards Road, St Leonards

Croquet is an easy to learn mallet sport, popular in all clubs throughout Australia. Passive exercise and very social, equipment is provided. Flat soled shoes must be worn. \$8.00 green fee.

Lee Turner | Chris Hurford

Course 62 – Social Croquet

1.00pm – 2.30pm | Northern Tasmanian Croquet Centre
St Leonards Sports Centre, St Leonards Road, St Leonards

A variety of mallet sports offered. It is easy to learn and an excellent passive exercise. Equipment is provided. Flat soled shoes must be worn.

\$8.00 green fee.

Lee Turner | Chris Hurford

Tuesday

Venue	Start	Finish	Course
8 High Street	9.00	12.00	Drawing - Multimedia
	9.30	10.30	Italian - Level 3
	9.00	10.15	Logic and Laughter
	9.30	10.30	Australian Convicts
	9.30	10.45	German
	9.30	10.30	Electricity/Electronics in the home
	10.45	12.00	Scrabble
	11.00	12.00	Italian - Level 1
	11.00	12.00	Science
	11.00	12.00	Fun With Words
	12.30	2.30	Drawing & Sketching B
	12.45	2.30	Sing & Play Ukulele Group B
	12.30	2.30	1st Tuesday Book Discussion
	12.30	2.00	Third Tuesday Book Discussion
	1.00	3.00	One Stitch at a Time
	1.00	2.30	Knitting

Course 31 – Drawing – Multimedia - Limit 12

9.00am – 12.00pm | 8 High Street | Art Room

Drawing – Multimedia – Beginners to advanced. All dry mediums including line & wash, ink, water colour, acrylic inks.

Peer supported – Tutor supported class.

Jammuna Bond | Abhay Nique

Course 24 – Italian Level 3

9.30am – 10.30am | 8 High Street | Room 1

For more advanced students.

Rosanna Iezzi

Tuesday

Course 46 – Logic and Laughter – Limit 20

9.00am – 10.15am | 8 High Street | Room 2

Laughter has been proven to improve our health and longevity. Using a variety of resources, this group will learn, laugh, listen and use logic skills to link together a lush lotto of puzzles, materials and loads of loopy jokes for a lively class.

What type of L are you?

Marijke Lockwood | Tina Pinkard

Course 81 – Australian Convicts

9.30am – 10.30am | 8 High Street | Room 3

The course will focus on convicts to Australia with special emphasis on Tasmania. We will look at social, political, and economic background to the decisions. Time will be available for individual research to develop the skills to read 19th century handwriting. Students will need their own phone, tablet, or laptop to access digitised original documents.

Maureen Mann

Course 39 – German

9.30am – 10.45am | 8 High Street | Room 4

The aim is to improve comprehension and communication skills by presenting reports and dialogues, reading book excerpts and anecdotes, practising German syntax as required and enjoying cultural snippets and some German songs.

Beginners won't be turned away but may find the lessons challenging. Native speakers are most welcome.

Trevor Higgin | Doris Geier

Tuesday

Course 12 – Electricity/Electronics in the home

9.30am – 10.30am | 8 High Street | Room 5

Demystifying electricity in the home. How to read your electricity bill, electrical safety. Circuit breakers vs fuses PIR. Colour TV. AM vs FM radio. Digital vs analog. Mobile/cell phones. AC vs DC. Basslink. Video, tape, DVD/CD. Remote controls. Cords/connectors/plugs.

Russell Parker

Course 14 – Italian – Level 1

11.00am – 12.00pm | 8 High Street | Room 1

Basic Italian required.

Rosanna Iezzi

Course 58 – Science

11.00am – 12.00pm | 8 High Street | Room 2

A novel approach to the subject with interaction with class members, guest speakers from outside and within the school. Experiments not part of the curriculum.

Coordinator – Liza Snow

Course 60 – Scrabble

10.45am – 12.00pm | 8 High Street | Room 3

A fun word game for all to enjoy.

Gaylene Gilham | Jennifer Williams

Tuesday

Course 36 – Fun with Words

11.00am – 12.00pm | 8 High Street | Room 4

Come and join our class for lots of fun. Stimulate your brain, play word games and quizzes, learn about our wonderful language. Discover mysteries about words. Remember, words are addictive.

Barbara Ibbott - | Jeanette Oakley

Course 20 – Drawing and Sketching B – Limit 14

12.30pm – 2.30pm | 8 High Street | Art Room

Join a friendly group of people interested in drawing and sketching, using your own materials – pencil, charcoal, coloured pencil, pastel pencil and watercolour pencils or paints. Enjoy working in a friendly social environment. No tuition but help and guidance if needed.

Elizabeth Dubois | Adrian Elmer

Course 76 – Sing and Play Ukulele Group B

12.45pm – 2.30pm | 8 High Street | Room 1

Enjoy making music as you sing and play your favourite songs. Songs will include a range of easy-to-play and some more challenging.

Sorry, class is full this term.

Beverley Marshall | Rodney Walker

Course 17 – First Tuesday Book Discussion Group

12.30pm – 2.30pm | 8 High Street | Room 3 - **Limit 10**

Monthly meetings on 1st Tuesday of every month continue throughout the year. We select the books for discussion, which are supplied monthly by Book Groups Tasmania and are now FREE.

Sorry, no new members this term.

Glenda Mahler | Merry Bastick

Tuesday

Course 8 – Third Tuesday Book Discussion Group

12.30pm – 2.00pm | 8 High Street | Room 3

We hold a meeting on the 3rd Tuesday of each month, except January.

We select books mostly from the Tasmanian Library's Book Groups Tasmania, which is a free service.

Their catalogue can be viewed on the library website.

Accepting one new member this term.

Andrew Young | Mary Loder

Course 11 – One Stitch at a Time

1.00pm – 3.00pm | 8 High Street | Room 2

A lovely social environment for those interested in all forms of Embroidery. Bring along any unfinished projects or contact Judy for ideas. The only rule we have is you must do one stitch each lesson.

Judy Husband

Course 45 – Knitting Circle

1.00pm – 2.30pm | 8 High Street | Room 4

Knitting for pleasure and for charities or bring your own ideas.

Jilian Sievers | Jennifer Williams



Be sure to check out our **Book Nook** which is located in the main entry foyer.

Borrow a book, bring a book or read a book anytime the doors are open during school hours.

Wednesday

Venue	Start	Finish	Course
Various	8.00	5.00	Bushwalking (Weekly)
8 High Street	9.00	10.30	Popular Music of the 20th Century
	9.15	12.15	Wednesday Multimedia
	9.15	10.30	Using mind, body, spirit connection to work for us
	9.30	12.00	Creative Writing Circle
	9.30	12.00	Chess for All
	11.00	12.15	Glass Craft
	11.00	12.30	The Old Testament Opened Up
	12.45	3.00	Classic Movies
ROAB Hall	11.15	12.30	Line Dancing A for Beginners
ROAB Hall	12.45	2.00	Line Dancing B
	12.30	1.30	Continuing Spanish
	1.00	3.00	Portrait & Still Life
	1.00	2.30	Wednesday Afternoon Music
ELCC	9.30	11.00	Social Croquet
ELCC	11.00	12.30	Social Croquet

Course 10 – Bushwalking - Weekly

8.00am – 5.00pm | Various locations

Bushwalking various destinations up to 2 hours drive from Launceston. Usually 8.am – 5.pm but may start earlier for more distant destinations.

Program for term is available Registration Day.

David Waters | Cathy Hurst
Rod How | Anne Wilson

Course 54 – Popular Music of the Twentieth Century

9.00am – 10.30am | 8 High Street | Art Room

Join us for a social side of school and humour while enjoying coffee or tea. Listen to popular recordings from the Twentieth Century that you can select, as well as enjoy an artist biography that you may also take a turn in presenting or suggesting.

Finish the term with a varied selection of music from You Tube.

Ian Kershaw | Dirk Sleurink

Wednesday

Course 75 – Wednesday Multimedia – Limit 10

9.15am – 12.15pm | 8 High Street | Room 1

Multimedia - Beginners to Advanced. Some tutor supported and peer supported – exploring different painting medium.

Jammuna Bond | Janice Devine

Course 28 – Creative Writing Circle

9.30am – 12.00pm | 8 High Street | Room 2

Creative writing of short stories to share.

Patricia Pettett | Hilary Fraser

Course 15 – Chess for All

9.30am – 12.00pm | 8 High Street | Room 3

When it comes to tabletop games Chess is a classic, maybe THE classic. It has been around for centuries but remains just as hugely popular and fascinating today as the recent blockbuster movies,

Queens Gambit
Queen of Katwe

Many people have learnt how to play Chess as children.

Many would like to learn. Here is your opportunity.

Join the class and see if you can say:

“CHECK MATE”

Ann McMillan | James Westwater

Using the body mind, spirit connection to work for us.

Course 23 9.15am – 10.30am | 8 High Street | Room 4

This course aims are to identify and apply health supporting mechanisms in the three mentioned areas in order to enhance our sense of wellbeing.

Giovi Di Matteo | Judy Kingston

Wednesday

Course 4 – Glass Craft – Limit 8

11.00am – 12.15pm | 8 High Street | Art Room

This class is an introduction to lead lighting and copper foiling. Participants will make a light catcher and/or a small panel. Materials will be provided. Ideal for beginners.

Annie McCall | Liza Snow

Course 43 – The Old Testament Opened Up

11.00am – 12.30pm | 8 High Street | Room 4

Much of the original meaning of the Hebrew text in the Old Testament has been lost in English translations and led to erroneous explanations.

Examine the text and gain new insights.

A real eye-opener!

“We will continue with Genesis”.

George Goldsteen

Course 7 – Portrait & Still Life – Limit 10

1.00pm – 3.00pm | 8 High Street | Art Room

Using your own materials enjoy portrait and still life painting in a friendly environment, working from live models for portraits. No tuition but help and guidance from other members of the class.

All mediums other than oils are welcome. Still life only if model unavailable. Models needed.

Diana Diffey | Bruce Irwin

Course 68 – Continuing Spanish – Limit 15

12.30pm – 1.30pm | 8 High Street | Room 1

A course for those who have completed Spanish for Beginners (or equivalent). Those who have studied basic Spanish elsewhere would be welcome.

Diana Murrell

Wednesday Classic Movies

Our Classic Movie sessions will continue each Wednesday during Term 3, 2023 in Room 4 at 12.45pm.

Name badges must be worn, and numbers are limited to seating capacity. Planned movies for Term 3 are:

Sep 27nd	How Can You Mend A Broken Heart - (2020 – Music 111 min) <i>The Bee Gees</i>
Oct 4th	The Bridge On The River Kwai - (1957 – Drama 156 min) <i>William Holden, Alec Guinness, Jack Hawkins.</i>
Oct 11th	The Meaning Of Life – (1983 – Outrageous Comedy. 107 min) <i>Monty Python Team featuring guest appearance by Mr Creosote.</i>
Oct 18th	Francis The Talking Mule - (1950 - Comedy 92 min) <i>Donald O'Connor, Patricia Medina, Chill Wills.</i>
Oct 25th	Hugo – (2011 – Fantasy 126 min) <i>Ben Kingsley, Sacha Baron Cohen, Asa Butterfield.</i>
Nov 1st	E.T. The Extra-Terrestrial - (1982 – Sci-Fi - Fantasy 114 min) <i>Dee Wallace, Drew Barrymore, Henry Thomas, Peter Coyote.</i>
Nov 8th	Ghost Ship - (2002 – Drama 90 min) <i>Emily Browning, Francesca Rettondini, Desmond Harrington.</i>
Nov 15th	Angels And Demons - (2009 – Drama 148 min) <i>Tom Hanks, Ewan McGregor, Ayelet Zurer, Stella Skarsgard.</i>
Nov 22nd	Logan's Run – (1976 - Drama 118 min) <i>Michael York, Jenny Agutter, Farrah Fawcett-Majors.</i>
Nov 29th	Quartet – (2013 – Comedy 98 min) <i>Maggie Smith, Billy Connolly, Pauline Collins, Michael Gambon.</i>

Course 80 – Classic Movies

12.45pm – 3.00pm | 8 High Street | Room 4

Movies for Term 3 as above.

Ian Kershaw | Trevor Curtis-Flynn

Wednesday

Course 74 – Wednesday Afternoon Music

1.00pm – 2.30pm | 8 High Street | Room 2

Listen to a wide range of music. Some not readily available in Tas. Classical, opera, crossover musicals, orchestral, vocal etc. Learn a bit about some of the composers, artists & musicians. No heavy metal.

Using USB and DVDs (concerts)

Rob Mitchelson | John Elliott

Course 2 – Line Dancing A

11.15am – 12.30 | ROAB Hall, Birch Avenue Newstead – Limit 24

Life is for living, laughing, and Line Dancing. No partners required to enjoy this fun way of maintaining/improving physical and mental wellbeing. Easy dances suitable for seniors, building up our repertoire as the semester progresses.

Course 9 – Line Dancing B

12.45pm – 2.00 | ROAB Hall, Birch Avenue Newstead – Limit 24

Life is for living, laughing, and Line Dancing. No partners required to enjoy this fun way of maintaining/improving physical and mental wellbeing. Easy dances suitable for seniors, building up our repertoire as the semester progresses.

Marijke Lockwood

Colleen Wegman | Anne Griffin

Course 40 – Social Croquet

9.30am – 11.00am | East Launceston Croquet Club
Corner Adelaide and High Street, Launceston

Easy to learn mallet sport. Excellent passive exercise at your own pace. Equipment provided. Flat soled shoes must be worn.
\$5.00 green fee.

Lee Turner | Chris Hurford

Course 70 – Social Croquet

11.00am – 12.30pm | East Launceston Croquet Club
Corner Adelaide and High Street, Launceston

Easy to learn mallet sport. Excellent passive exercise at your own pace. Equipment provided. Flat soled shoes must be worn.
\$5.00 green fee.

Lee Turner | Chris Hurford

Thursday

Venue	Start	Finish	Course
8 High Street	9.00	12.00	Model Making A
	9.30	10.30	Cryptic Crosswords A
	9.30	10.45	Book Lovers Circle
	9.30	10.30	Cryptic Crosswords B
	11.00	12.00	Square Dancing for Beginners
	11.00	12.00	Spirituality in the 21 st Century
	11.00	2.00	Scrapbooking and Papercraft
	11.15	12.30	Herbs, Oils, Spices for Wellbeing
	12.00	3.00	Model Making B
	12.45	2.00	Sing and Play Ukulele Group A
	1.00	2.00	French Transition B
	1.15	2.15	The History of Antisemitism
	Glenara	9.15	10.30
Glenara	11.00	12.00	Scottish Country Dancing
NTCC	10.00	11.30	Social Croquet
NTCC	1.00	2.30	Social Croquet

Course 55 – Model Making A – Limit 14

9.00am – 12.00pm | 8 High Street | Art Room

Model making of any type or medium.
Basic model making experience is required.

George Loughborough | John Stevenson
Ian Green

Course 27 – Cryptic Crosswords A

9.30am – 10.30am | 8 High Street | Room 1

A class for the more experienced cryptic crossworder who enjoys the more difficult puzzles. Anagrams and double meanings? No worries!

Michael Clarke | Aileen Pike

Thursday

Course 13 – Cryptic Crosswords B

9.30am – 10.30am | 8 High Street | Room 2

Each week we will work together to solve a moderately difficult cryptic crossword. We will work slowly, making sure that everyone understands how the setter uses anagrams and double meanings, etc.

Ronda Mason | Aileen Pike

Course 3 – Book Lovers Circle

9.30am – 10.45am | 8 High Street | Room 4

Our aim is to enjoy different genres of books and to share our enjoyment with others in the class. We work with themes chosen by the students. The themes may include historical fiction, thrillers, travel, favourite non-fiction, etc.

There are no set books.

Bring a notebook to jot down titles of books discussed in class.

Glenda Mahler

Course 33 - Square Dancing for Beginners

11.00am – 12.00pm | 8 High Street | Room 1

“Did you do square dancing when you were young? Now is the time to enjoy it again! If you didn’t, come along and enjoy some physical and mental exercise.

We will start slowly, walk it through and talk it through. You don’t need a partner!”

Dianne Ashton| Dave Brelsford

Thursday

Course 61 – Spirituality in the 21st Century Discussion Group

11.00am – 12.00pm | 8 High Street | Room 2

This class seeks to discuss a broad range of spiritual topics and looks at connections between various religious and spiritual viewpoints.
Come with an open mind.

Paul Duncum

Course 71 – Scrapbooking & Papercraft

11.00am – 2.00pm | 8 High Street | Room 3

Do you want to preserve precious family photographs or make your own album or journal or perhaps make your own birthday or Christmas cards?

Then join us for some fun and friendship.

No creativity necessary, no right or wrong way with projects as easy or as complex as you want.

Bring your own lunch.

Wendy Fleet

Course 6 – Herbs, Spices, Oils for Well-being

11.15am – 12.30pm | 8 High Street | Room 4

A journey through Herbs, Spices and Oils for Health and Well-being.
Learn how to make Tinctures, Salves, Balms, Teas, Lotions, Sprays and Elixirs from Nature's Gifts.

Judy Kingston

Course 64 – Model Making B – Limit 14

12.00pm – 3.00pm | 8 High Street | Art Room

Model making of any type or medium.
Basic model making experience is required.

George Loughborough | Kevin McInerney
Ian Green

Thursday

Course 69 – Sing and Play Ukulele Group A

12.45pm – 2.00pm | 8 High Street | Room 1

Enjoy a social time playing and singing.

Sorry this class is full.

Beverley Marshall

Course 22 – French Transition B – Limit 22

1.00pm – 2.00pm | 8 High Street | Room 2

A transition course between French Beginners and French Intermediate.

Rod Howell

Course 21 – “The History of Antisemitism”

1.15pm – 2.15pm | 8 High Street | Room 4

“Antisemitism has existed for more than 2,000 years and people do not generally know its origins and why it is still so prevalent.

You will be taken on a historic journey and gain an insight into the causes and its effect on the Jewish People.”

George Goldsteen

Course 63 – Singing for Pleasure

9.15am – 10.30am | Glenara Lakes - Youngtown

The Ladies and Gents of the Launceston Senior School meet weekly to sing traditional, classic, modern songs and Round's (with gusto!) We welcome experienced and non-experienced singers in a friendly, social atmosphere. Unison and harmony singing, followed by a cup of tea or coffee.

Ray Ironside

Co-ordinator - Betty Laverty OAM

Thursday

Course 59 – Scottish Country Dancing

11.00am – 12.00pm | Glenara Lakes, Youngtown

Scottish Country Dancing is NOT Highland Dancing. Participants must be able to walk at a reasonable pace and need to wear flat shoes (not joggers). Easy dances taught at a walking pace.

Good for mental and physical wellbeing.

Betty Laverty OAM

Course 79 – Social Croquet

10.00am – 11.30am | Northern Tasmanian Croquet Centre
St. Leonards

Croquet – easy to learn mallet sport, popular in all clubs throughout Australia. Passive exercise and very social. Equipment provided. Flat soled shoes must be worn.

\$8.00 Green Fee

Lee Turner

Course 41 – Social Croquet

1.00pm – 2.30pm | Northern Tasmanian Croquet Centre
St. Leonards

Croquet – easy to learn mallet sport, popular in all clubs throughout Australia. Passive exercise and very social. Equipment provided. Flat soled shoes must be worn.

\$8.00 Green Fee

Lee Turner

Friday

Venue	Start	Finish	Course
8 High Street	9.30	12.00	Multimedia Paint/Sketch A
	9.30	10.30	Italian – Level 2
	9.30	10.30	Tasmanian Experiences
	9.30	10.30	Psychology: How does talking therapy work
	9.30	10.30	French Beginners
	11.00	2.30	Mah Jong
	11.00	12.00	Garden Inspirations
	11.00	12.00	Appreciating Poetry
	11.00	12.00	French Intermediate
	12.15	1.45	Spirit of Philosophy
	12.30	3.00	Multimedia Paint/Sketch B
	12.45	2.15	The Writers
	12.30	2.30	Creative Writing Co-op
	LRTC	9.30	12.00

Course 42 – Multimedia - Painting and Sketching A 9.30am – 12.00pm | 8 High Street | Art Room - **Limit 12**

We invite participants to bring their own supplies and work in whichever medium they choose.

All levels of experience are catered for with members experienced in water colours, acrylics, coloured pastels and pencils willing to share that experience and support each other. This class provides a space for members to work autonomously and enjoy the energy and creative atmosphere provided.

Joan Morley | Jenny Jones

Course 57 – Italian - Level 2

9.30am – 10.30am | 8 High Street | Room 1

After some basic Italian – Learn to listen, understand, and converse.

Estelle Ross | Henrietta Houghton

Friday

Course 67 – Tasmanian Experiences

9.30am – 10.30am | 8 High Street | Room 2 – Limit 24

Guest speakers talk about a variety of Tasmanian Experiences, with occasional Travel slide shows as fillings.

Coordinator – Liza Snow

Course 44 - Psychology: How does Talking therapy work?

9.30am – 10.30am | 8 High Street | Room 3 - Limit 12

This course will discuss the role and functions of contemporary psychological practice. It will include commentary on assessment, diagnosis and treatment approaches used by psychologists and how patients benefit. Attendees will learn about personality development and why “The leopard doesn’t change its spots.” Questions such as “should we trust our feelings?” and “how do feelings emerge?” will be addressed. “What is consciousness?” and “what role does the brain play in our experience of being self-aware?”

Course will be interactive encouraging questions from attendees.

Rob Davis

Course 32 – French - Beginners

9.30am – 10.30am | 8 High Street | Room 4

French for Beginners.

Kathy Dunning

Course 48 – Mah Jong - Limit 16

11.00am – 2.30pm | 8 High Street | Room 1

Mah Jong is gaining popularity. It is an ancient Chinese game, played with tiles and requiring concentration. Most people find it is easy to learn and a fun way to mix with other people.

Some studies suggest playing the game can improve overall brain health in senior citizens.

We have a break for lunch and then resume playing.

Sorry, no absolute beginners this term.

Jennie Smith | Lyn Priest

Friday

Course 37 – Garden Inspirations

11.00am – 12.15pm | 8 High Street | Room 2 – Limit 24

Sharing knowledge to common and complex garden themes. Talks from invited guests on special subjects.

Judy Husband | John Husband

Course 1 – Appreciating Poetry – Limit 12

11.00am – 12.00pm | 8 High Street | Room 3

Class discusses and enjoys poetry.

Patience Stewart | Anne Brelsford

Course 35 – French Intermediate

11.00am – 12.00pm | 8 High Street | Room 4

French for people with more than basic French.

Kathy Dunning

Course 38 – Multimedia - Painting and Sketching B

12.30pm – 3.00pm | 8 High Street | Art Room – **Limit 14**

We invite participants to bring their own supplies and work in whichever medium they choose. Members may come for just an hour, or longer. All levels of experience are catered for with members experienced in water colours, oils (water based only), acrylics, coloured pastels and pencils, and willing to share that experience and support each other. This class provides a space for members to work autonomously and enjoy the energy and creative atmosphere provided.

Diana Diffey | Bruce Irwin

Friday

Course 52 – The Writers

12.45pm – 2.15pm | 8 High Street | Room 2

A writing workshop is for people who wish to write. The class is a friendly and supportive group. Willing to encourage and give feedback as required.

Patience Stewart | Steve Plowright

Course 19 – Creative Writing Co-op – Limit 12

12.30pm – 2.30pm | 8 High Street | Room 3

If you have not been part of a writers' group before then the Creative Writers Co-op might be just what you need to take the next steps with your writing.

We share ideas, writing techniques tips and advice to facilitate the development of writers who wish to upgrade their skills.

All within a happy social environment.

Ross Graham

Course 65 – Spirit of Philosophy

12.15pm – 1.45pm | 8 High Street | Room 4

Philosophy of mind course.

David Macleod | Robert Stephens

Friday

Course 66 – Tennis

9.30am – 12.00pm | Launceston Regional Tennis Centre,
57 Racecourse Crescent, Launceston (near Kmart)

Play is dependent upon weather as venue is outdoors. Join us for a social hit at tennis, even if you haven't played for years. Our ages range from 50 to 86.

Have a chat over coffee at 12.00, we look forward to seeing you.
\$5 to cover court hire and tennis balls each Friday.

Lessons can be arranged at other times if desired.
Contact Jack on

Jack Hummerstone | Sue Westbrook

Tutor's Meeting

These meetings are held each term on the Thursday following the School Help Day to provide the opportunity for tutors to receive their class lists and discuss any matters of concern in an informal and relaxed manner.

The meeting for Term 3, 2023 will be held on:

Thursday September 21st, 2023

At 11.00am in Room 2

***Invitations will be sent to Tutors for Luncheon @ approx.
11.30 -12 noon following Tutors Meeting.***

Thank you for all your efforts, on behalf of the School.

LSS Committee Members

(Current until AGM 2024)

Patron: Hon. Don Wing AM

Chair: Marijke Lockwood
Vice Chair: Liza Snow
Secretary: Carol Titmus
Treasurer: Carmel Coombs
Committee Members: Patricia Cluley
Trevor Curtis-Flynn
Mick Farrell
Paul Friedman – Dr.
Bernadette Grimes MBE
Ian Kershaw
Martin Mackowski
Tina Pinkard
Vera Roberts
Andrew Smith
Jennifer Williams

Public Officer: Patricia Cluley

Life Members:

Norma Pointing 2001 (dec.)
Edward King 2003 (dec.)
Leo Minol 2004 (dec.)
Sam Taylor 2009 (dec.)

Bevan Forrester 2020 (dec.)
Shirley Forrester 2020
Kay Decker 2020
Doreen Girvan 2021 (dec.)

Pat O'Bryan OAM 2015
Barry Lumley OAM 2015 (dec.)
Betty Laverty OAM 2015

George Goldsteen 2021
George Loughborough 2021
Trevor Curtis-Flynn 2021
Graham Quinn 2022 (dec.)

Alan Jones 2019
Bob Sievers 2019
Eleanor Horder 2019

Contact Information

Office: 8 High Street, Launceston
Postal: PO Box 903, Launceston, 7250
Telephone: 6334 4007
Office Manager: Vicki Wilson
Office Hours: Open during term:
Monday to Friday 9.00am - 12.30pm

New Courses

Mon.	11.30am – 12.30pm	Room 2	Ancient Roman History
Wed.	9.15am – 10.30am	Room 4	Using body, mind, spirit connection to work for us
Thu.	11.15am – 12.30pm	Room 4	Herbs, Spices, Oils for Well-being
Thu.	1.15pm - 2.15pm	Room 4	The History of Antisemitism
Fri.	9.30am – 10.30am	Room 3	Psychology: How does Talking therapy work?

Returning Courses

Tue.	9.30 - 10.30	Room 3	Australian Convicts
Tue.	11.00 – 12.00	Room 4	Fun with Words
Fri.	9.30 – 10.30	Room 2	Tasmanian Experiences

Registration Days: Online Friday February 9th 11am onwards
School Help **Monday** Feb. 12th 9.30am-12pm

Term 1, 2024 Start: Friday 16th February.
School Break: Tue. 16th April – Fri. 26th April
Recommence: Mon. 29th April - Mon. 24th June

Winter Break: Tue. 25th June – Fri. 2nd August

Registration Days: Online Friday July 26th 11am onwards
School Help **Monday** July 29th 9.30am-12pm

Term 2, 2024 Start: Monday 5th August
School Break: Mon. 30th Sept. – Fri. 11th Oct.
Recommence: Mon. 14th Oct. – Mon. 9th Dec.

Summer Break: Tue. 10th Dec. – Fri. 14 Feb. 2025